

CRAFFT – Drug / Alcohol Assessment tool for use with young people

CRAFFT is a multi-agency tool that will enable staff, as part of any assessment process, to identify young people's drug and alcohol use early. The idea is to ensure that the appropriate services and responses are provided.

	Yes	No
C Have you ever ridden in a C ar driven by someone (including yourself) who was high or had been using alcohol or drugs?		
R Do you ever use alcohol or drugs to R elax, feel better about yourself, or fit in?		
A Do you ever use alcohol or drugs while you are by yourself A lone?		
F Do you ever F orget things you did while using alcohol or drugs?		
F Do your F amily or friends ever tell you that you should cut down on your drinking or drug use?		
T Have you ever been in T rouble while you were using alcohol or drugs?		
Action required if: Under 14 – Yes to 1 or more questions 14-18 – Yes to 2 or more questions		

**Actions**

Further screening conversation and provide brief advice and information	
Professional to discuss with CASUS – <i>structured consultancy</i> *	
Referral to CASUS – <i>Young Person has consented to this</i>	
Young Person already engages with CASUS	

* If the young person declines any targeted or specialist intervention, you can call CASUS to discuss the situation on a 'what if' basis without having to disclose the name, address etc of the client.

A referral is best described “as a chat to the drug and alcohol team that works with young people”. This is all they are agreeing to when the referral is made.

For further information about this tool, or referring a young person, please contact CASUS on 01480 445316.

Tel: 01480 445316 | Email: CASUS@cpft.nhs.uk | Web: www.cpft.nhs.uk/casus