

## Referrals

For information regarding referring a young person to any of our projects please contact [neil@linktochange.org.uk](mailto:neil@linktochange.org.uk)

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With thanks to all our funders and supporters

We work with some of the hardest to reach young people.

If you would like to support our work please go to:

<http://www.justgiving.com/linktochange>

Thank you

Link to Change, 38a High Street, St Neots, Cambs, PE19 1JA  
Tel: 01480 474974



[www.linktochange.org.uk](http://www.linktochange.org.uk)



@LinkToChange

# Link to Change

choice challenge change

Link to Change is an independent charity offering support for children and young people aged 12 to 26 in Cambridgeshire, Peterborough, Bedford and Lincolnshire.

We provide a safe environment in which young people can access support and explore the possibilities for change.

We promote a greater understanding of the sexual exploitation of children and young people.

### Our Projects:

- Helter Skelter Project
- Helter Skelter +Plus Project
- Dodgems Project
- Carousel Project
- Alexi Project



Helter Skelter



Helter Skelter +Plus



Dodgems



Carousel



Alexi

Charity No. 1098452

## Helter Skelter Project

- A specialist service for females aged 12 to 16 who are at risk of or involved in sexual exploitation, including forced prostitution and internal/external trafficking.
- 1:1 therapeutic outreach work and group work
- Support to parents and carers of children who may be affected by sexual exploitation
- Training and education for professionals working with young people on the risks of CSE

## Dodgems Project

- A specialist service for males aged 12 to 18 who are involved in or are survivors of sexually exploitative relationships
- 1:1 therapeutic outreach appointments with a trained male worker
- Support to young men who are having problematic relationships with education due to sexual exploitation
- Preventative group work sessions

## Helter Skelter +Plus Project

- A specialist service for 17 to 26 year olds, male and female, who are involved in or are survivors of sexually exploitative relationships, commercial exploitation and trafficking.
- Group Work in hostels and foyers. A 7 week group course for young adults covering:-
  - ◆ Self-esteem & Relationships
  - ◆ Consent, Grooming & CSE
  - ◆ Internet Safety
  - ◆ Trafficking, Modern Slavery & Domestic Violence
  - ◆ Drugs, Alcohol & Sexual Health
  - ◆ Housing, Benefits & Rights
  - ◆ Education & Jobs.
- 1:1 support from a specialist sexual exploitation outreach worker

## Carousel Project

Many young people affected by CSE can face issues with their schooling and often miss large chunks of their education which in turn has a detrimental effect on their potential future opportunities.

- A specialist service to support young people within their place of learning or in the community.
- 1:1 individual support and group work
- Training to school and education staff.

*'It is important that education institutes are alert to sexual exploitation and that education staff can identify signs that a child or young person is at risk of or suffering sexual exploitation, and know what action to take in line with local procedures'*

(Government guidelines on safeguarding young people from CSE)

## Alexi Project

Alexi' is a Greek word meaning 'protector'. At the heart of the Alexi Project is the Hub and Spoke model, which aims to extend the reach of specialist child sexual exploitation (CSE) services so that more children are protected from sexual exploitation.

- Hub based at Link to Change, St Neots
- Spokes, specialist CSE workers, working in Bedford, Lincolnshire, Peterborough and Cambridgeshire Fens
- Integrated into local services; working alongside other professionals to ensure that there is a high quality service for sexually exploited children and young people.
- Direct work with young people
- Consultancy and training with local practitioners.

*Each Spoke area has a specific referral route please contact us for more details*