

# drug and alcohol services

## East Cambs

### Addaction

01223 723020

**Mill House, Brookfields Hospital Site,  
351 Mill Road, Cambridge, CB1 3DF**

(Cambridge Site: Open from 9am – 5pm Mon – Fri)

Offers a full range of services to those affected by their own or someone else's drug misuse

Open access services including advice, information, Needle Exchange and other harm reduction advice and support; available at the Cambridge site by drop in or appointment please call to make an appointment for satellite sessions in Ely. Other services are available following an assessment to determine needs; which may include counselling, substitute prescribing and other community and inpatient interventions.

Appointments can be booked for sessions at Bedford House, Ely Library, CAB office on Market Street by calling Mill House.

### Young Users (YOUS)

01480 415278

**Room 17, Newtown centre,  
Nursery Road, Huntingdon, PE29 3RJ**

Young Users (YOUS) team will see young people aged under 18 ½ years who are concerned about their own or someone else's drug use. Self referrals are taken as well as those from parents and workers provided the young person has given consent. The team will provide information, support and treatment

### Drinksense

01223 350599

**Dashwood House, 185 East Road, Cambridge, CB1 1BG**

Working to reduce the harm caused by alcohol to individuals, families and communities by offering a range of treatment and support services for adults, young people, relatives and professionals. [www.drinksense.org](http://www.drinksense.org)

### Drug Intervention Programme (DIP) –

#### Southern

0800 7313520

Criminal justice and treatment agencies working together with other services to provide a tailored solution for those who commit crime to fund their Class A Drug Misuse.

### Alcoholics Anonymous meetings

call 0845 769 7555

or visit [www.alcoholics-anonymous.org.uk](http://www.alcoholics-anonymous.org.uk)

### Al-Anon Family Groups (including teenagers)

020 7403 0888

Provide understanding, strength and hope to anyone whose life is, or has been affected by someone else's drinking.

For details of local groups please call or visit [www.al-anonuk.org.uk](http://www.al-anonuk.org.uk)

### Families Anonymous

01223 513918

The group aims to help the family and friends of people with a current, suspected or former drug problem by providing mutual support; and offering a forum to share experiences and anxieties. [www.famanon.org.uk](http://www.famanon.org.uk)

### Narcotics Anonymous 0845 373 3366/0207730 0009

Is a non-profit society of individuals for whom drugs have become a major problem; they are recovering addicts who meet regularly to help each other stay clean.

For more details on meetings in Cambridgeshire call the helpline or email [nahelpline@ukna.org.uk](mailto:nahelpline@ukna.org.uk) or visit [www.ukna.org.uk](http://www.ukna.org.uk)

### National Helplines

**FRANK**

0800 77 66 00

**Release**

0845 4500215

**Drinkline**

0800 917 8282

**Narcotics Anonymous** 0845 373 3366 / 020 7730 0009

**Re-Solv**

01783 817885

**PADA Parents Against Drug Abuse**

08457 023867

### Needle Exchanges in Pharmacies

**Ely**

**Lloyds** Princess of Wales Hospital, Ely CB6 1DX

**Lloyds** 19 High Street, Ely CB7 4LQ

**Littleport** **Lloyds** 22 Main Street, Littleport CB6 1PJ

**Soham** **Lloyds** 29 High Street, Soham CB7 5HA

**Lloyds** 59 Brewhouse Lane, Soham CB7 5JD

### Needle Collection & Disposal

01353 665555, office hours only.

01353 616093 (office hours)

or 0845 456 4564 (out of office hours).

For more information from Cambridgeshire Drug and Alcohol Action Team, visit

[www.cambsdaat.org](http://www.cambsdaat.org)