

drug and alcohol services

Cambridge City & South Cambs

Addaction

01223 723020

Mill House, Brookfields Hospital Site,
351 Mill Road, Cambridge, CB1 3DF

Offers a full range of services to those affected by their own or someone else's drug misuse.

Open access services including advice, information, Needle Exchange and other harm reduction advice and support; this is available by drop in or appointment. Other services are available following an assessment to determine needs; which may include counselling, substitute prescribing and other community and inpatient interventions.

Open from 9am to 5pm on weekdays, drop in or call to talk to someone or make an appointment.

Young Users (YOUS)

01480 415278

Room 17, Newtown centre, Nursery Road,
Huntingdon, PE29 3RJ.

Young Users (YOUS) team will see young people aged under 18 ½ years who are concerned about their own or someone else's drug use. Self referrals are taken as well as those from parents and workers provided the young person has given consent. The team will provide information, support and treatment.

Drinksense

01223 350599

Dashwood House, 185 East Road, Cambridge, CB1 1BG

Working to reduce the harm caused by alcohol to individuals, families and communities by offering a range of treatment and support services for adults, young people, relatives and professionals. www.drinksense.org

Drug Intervention Programme (DIP) – Southern

0800 7313520

Criminal justice and treatment agencies working together with other services to provide a tailored solution for those who commit crime to fund their Class A Drug Misuse.

Alcoholics Anonymous meetings

call 0845 769 7555

or visit www.alcoholics-anonymous.org.uk

Al-Anon Family Groups (including teenagers)

020 7403 0888

Provide understanding, strength and hope to anyone whose life is, or has been affected by someone else's drinking.

For details of local groups please call or visit www.al-anonuk.org.uk

Families Anonymous

01223 513918

The group aims to help the family and friends of people with a current, suspected or former drug problem by providing mutual support; and offering a forum to share experiences and anxieties. www.famanon.org.uk

Narcotics Anonymous 0845 373 3366/0207730 0009

Is a non-profit society of individuals for whom drugs have become a major problem; they are recovering addicts who meet regularly to help each other stay clean.

For more details on meetings in Cambridgeshire call the helpline or email nahelpline@ukna.org.uk or visit www.ukna.org.uk

National Helplines

FRANK

0800 77 66 00

Release

0845 4500215

Drinkline

0800 917 8282

Re-Solv

01785 817885

Narcotics Anonymous 0845 373 3366 / 020 7730 0009

PADA Parents Against Drug Abuse

08457 023867

Needle Exchanges in Pharmacies

Boots	Retail Park, Newmarket Road, Cambridge	CB5 8WR
Boots	Unit 5-6, Grafton Centre, Cambridge	CB1 1PS
Lloyds	Trumpington Street, Cambridge	CB2 1QY
Petersfield	34 Mill Road, Cambridge	CB1 2AD
Superdrug	Fitzroy Street, Cambridge	CB1 1ER
Superdrug	Sidney Street, Cambridge	CB2 3HX
Kumar	Rectory Terrace, Cherry Hinton, Cambridge	CB1 9HU
Alliance Pharmacy Ltd	Cherry Hinton Road, Cambridge	CB1 7DA

Needle Disposal Points

Street needle bins

Mill Road, (Bath House)
car park next to the recycling point

Grafton West multi-storey car park - lower deck

Christs Pieces - gardeners shed

Public Toilet Cubicles

Mill Road/Gwydir Street

Lion Yard, Car park, Level D
Gonville Place

Park Street

Chesterton Road
Victoria Avenue
Lammas Land

Cherry Hinton High Street

Romsey Recreation Ground
(avail. end of 09)

Arbury Court (avail. end of 09)

Needle Collection & Disposal

Cambridge City 01223 458282 (Helpdesk 8am-5pm).

South Cambs 08 450 450 063 (24 hours)

For more information from Cambridgeshire Drug and Alcohol Action Team, visit

www.cambsdaat.org