



## Structured Day Programme (SDP)

### Client Questionnaire

The Structured Day Programme is a new initiative set up by the Cambridgeshire Drug and Alcohol Action Team (DAAT). It is available to anyone based in Cambridgeshire, over 18, engaged with a drug or alcohol service, and who feels they would like to do something to fill their time and engage their interest.

It involves a minimum of 6 weeks (probably longer) of activities which will be chosen by you, and which are intended to fill your time for 5 or 6 days a week. The activities can be short courses running at local colleges, clubs or classes held at local community centres, or programmes run by local drug or alcohol agencies.

The purpose of this questionnaire is to find out whether you would be interested in doing something like this, and if so, what sort of activities or courses you would be interested in attending. Some options, currently available, include Yoga, Sports, Computing, Gym Membership, Kickboxing, Art, Photography etc. All travel and any childcare costs would be paid for as long as you were involved in the programme. If accepted to participate in an activity you are asked for some commitment. Should you have any concerns or problems at any stage of the programme then you should speak to your Key Worker.

Name.....Male/Female.....

D.O.B.....

Address .....

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Agency..... Key Worker.....

Which type of activities would you like to take part in?

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Why would this interest you?

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What would you hope to get out of taking part in a programme like this?

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Please return your completed questionnaire to your key-worker. Thank you.

Key Worker Supporting Statement (please tell us why you feel your client would benefit from taking part in the SDP scheme.)

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Please attach any further supporting evidence you wish to include and return to the above fax number.